

# The Tools of Engagement: Developing Skills and Techniques for Unmotivated and Challenging Clients

Thursday, November 30, 2017

Rutgers Center of Alcohol Studies

9 a.m. – 4 p.m.

\$90 - 6 Clinical CEUs



There has been an excellent amount of advancement in the area of working with ambivalent, resistant or unmotivated clients in substance abuse treatment. Nevertheless, there is more we can learn. It is critical to be able to develop practical skills and strategies for challenging clients that do not respond to traditional approaches. This workshop will teach participants some of these skills, including: engagement, addressing resistance, coping with hostility, preparation and creativity, keeping groups interactive, humor, attitude adjustments, and special considerations in assessment and treatment planning. Participants will be provided with practical tools and worksheets that they can use in their own substance abuse treatment settings.

**Kenneth Pecoraro, LCSW, LCADC, CCS**, has worked directly providing treatment for individuals with substance use and co-occurring mental health issues for over 20 years using a motivational, skills and strengths based, individualized client-centered perspective. He has specialized with helping individuals who both find recovery and change extremely challenging. The method and techniques explained in his method, Taking the Escalator: An Alternative to the 12 Steps, help individuals who are resistant to traditional approaches gain the tools needed for learning to increase insight and motivation for positive change. The Taking the Escalator approach explains, outlines and promotes a modern yet easy to understand paradigm for today's often complex world of substance use issues.

**To register:** <http://education.alcoholstudies.rutgers.edu/node/727>

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*Thursday, 11/30/17*

**PDS18401: The Tools of Engagement: Developing Skills and Techniques for Challenging Clients**

*Instructor: Ken Pecoraro, LCSW, LCADC, CCS*