**Desert Island**

**Answer each one separately for this fictional Desert Island scenario:** You are going to be stuck on a desert island for the rest of your life. You get to pick things from the list below based on your personal choices. On a separate piece of paper list your answers for your choices for 1 through 20 below:

1. If you had to select one family member to bring to the island, who would it be?

2. You get a satellite TV with 3 channels battery lasting 100 years – Which 3 channels do you pick?

3. You get internet service but access to only 3 sites – Which ones?

4. You get to bring 2 friends:

5. The island already has water, bananas, coconuts, fish and berries for basic survival. You get to pick an endless supply of one other non-alcoholic drink

6. You get to pick any attractive partner of your choice

7. A battery powered DVD player with 5 DVD’s

8. 3 books of your choice

9. 3 magazine subscriptions to be delivered monthly

10. Your 3 favorite meals (endless supply)-

11. A famous person

12. A servant who has one specialized skill

13. A pet

14. Your 3 favorite video games

15. 7 survival items

16. A monthly delivery of supplies for one hobby (Not to be used for building a plane, boat or other escape)

17. 5 more things of yours that you currently own now

18. A working satellite cell phone that allows you to call and text 3 people you know any time

19. You get to take one last picture to bring, who or what is in it?

20. You get to have a last, one sentence message broadcasted to the world before you leave for the island
Values – Follow up Discussion – Focusing on what is important

1. Who in your life is most important to you?

2. What in your life is most important to you?

3. What do you think is most important when it comes to your future?

4. How has your substance use hurt, wasted or lost any of these things from questions 1-3?

5. Have you ever put getting high or partying ahead of something or someone important to you?

   How?

6. What do successful young people focus on in order to gain their success? Give an example….

   What is something worth putting a lot of time and effort into?

7. If you are going to achieve what you want out of life, what are three things you need to focus on more over the next few years? (Priorities)