Awkward!

Directions: This is a cohesion building activity to get everyone talking and help everyone learn more about each other and build rapport. Take turns: Pick any item from the list below that you think that can tell an awkward story about. If something brings up a memory that's upsetting or too private, feel free to skip it and pick another. There's no pressure. Some examples provided for context:

- *Autocorrect error* – *"I was texting my boss "Call if you want" and auto correct sent "Cauliflower Wing"*
- *Got scared* – *I was at the movies, and a piece of candy fell down my shirt and I got scared and screamed really loudly during a serious and sad moment in the film"*
- *Overheard singing to myself* – *I was in the library with headphones on and without realizing it started singing loudly and did not notice until I looked up and everyone in the room was staring at me"*

In a blackout	Got scared or screamed in fear
Car broke down	Spilled drink or dropped food
Butt dialed	Lost keys
On speaker phone (but didn't know it)	Wind blew it away
Autocorrect Text Error	Hair in food
Fell or tripped	Bad haircut
Pet pooped or peed	Out of control shopping cart
Gave the finger	Soda exploded
Had a temper tantrum	Gym mishap
Lost wallet	Wrong number
Walked in on	Rejected hug attempt
Overheard	Nonresponsive high five
Messed up my outfit	Couldn't find a bathroom
Child had a tantrum	Public speaking error
Child misbehaved	Brought a friend who acted strange
Unexpected body noise	Sleepwalked
Mistaken identity	Talked in sleep
Caught on camera	Forgot to mute (on Zoom)
Sneezing fit	Overheard talking/singing to self
Misheard song lyrics	Joke fell flat
Karaoke fail	Wrong place, wrong time
Followed wrong or bad advice	Got lost
Gave wrong or bad advice	Stuck zipper
Waved hello to someone I don't know	Should have looked in the mirror first
Badly timed or inappropriate laugh	Wardrobe malfunction

This free worksheet can be followed by the Taking the Escalator Member Worksheet:
Awkward Moments: Moving Forward with Resilience