



GRADING THE GROUP

QUALITY	Grade
	A-F
Courteousness - Only one person speaks at a time, politeness	
Listening Ability - Paying attention to who is talking	
Attendance - Being in group regularly and on time	
Honesty - Telling the truth, the WHOLE truth	
Risk-Taking – Opening up to others about how you REALLY feel	
Acceptance - Accepting others for who they are and not judging them	
Caring - Showing genuine concern for others	
Knowledge - Knowing useful information about making positive changes	
Support - Encouraging others and being there for them	
Togetherness -Feeling a sense of belonging	
Responsibility - Accepting responsibility for your thoughts, feelings and behavior	
Keeping Guard Down - Taking feedback without excuse making, blaming, etc	
Leading by Example - Acting as a positive example to others	
Confidentiality - Keeping what is said in group, IN GROUP	
Comfort - Feeling a sense of overall comfort while in he group	

Discussion:

1. What areas did you see are personal strengths for you?
2. What do you need to work on as a member of this group?
3. What are some of the group's strong points?
4. What does the group need to work on? What needs to be done to make that happen?
5. What are some of your other ideas for improving group? – Brainstorm and be creative