



## Desert Island

**Answer each one separately for this fictional *Desert Island* scenario:** You are going to be stuck on a desert island for the rest of your life. You get to pick things from the list below based on your personal choices. On a separate piece of paper list your answers for your choices for 1 through 20 below:

1. If you had to select one family member to bring to the island, who would it be?
2. You get a satellite TV with 3 channels battery lasting 100 years – Which 3 channels do you pick?
3. You get internet service but access to only 3 sites – Which ones?
4. You get to bring 2 friends:
5. The island already has water, bananas, coconuts, fish and berries for basic survival. You get to pick an endless supply of one other non-alcoholic drink
6. You get to pick any attractive partner of your choice
7. A battery powered DVD player with 5 DVD's
8. 3 books of your choice
9. 3 magazine subscriptions to be delivered monthly
10. Your 3 favorite meals (endless supply)-
11. A famous person
12. A servant who has one specialized skill
13. A pet
14. Your 3 favorite video games
15. 7 survival items
16. A monthly delivery of supplies for one hobby (Not to be used for building a plane, boat or other escape)
17. 5 more things of yours that you currently own now
18. A working satellite cell phone that allows you to call and text 3 people you know any time
19. You get to take one last picture to bring, who or what is in it?
20. You get to have a last, one sentence message broadcasted to the world before you leave for the island



**Values – Follow up Discussion – Focusing on what is important**

- 1. Who in your life is most important to you?**
- 2. What in your life is most important to you?**
- 3. What do you think is most important when it comes to your future?**
- 4. How has your substance use hurt, wasted or lost any of these things from questions 1-3?**
- 5. Have you ever put getting high or partying ahead of something or someone important to you?**

**How?**

- 6. What do successful young people focus on in order to gain their success? Give an example....**

**What is something worth putting a lot of time and effort into?**

- 7. If you are going to achieve what you want out of life, what are three things you need to focus on more over the next few years? (Priorities)**