



Cohesion Cards

Directions – Cut each square below into pile of cards. Take turns by picking a card. Do your best to answer what is on card. When done, look to group and see if there is anyone else in the group who would give the same answer (or close).

The goal of this exercise is to help the group to get to know one another and to see what kinds of thoughts and experiences group members have in common with one another. Talk about your answers together

What is something you have never done but would like to do?	Tell the group about something that you feel very strongly about?	What is something that you know a lot about?	What is something popular that you have no interest in?
What is one unusual place that you really like?	What is something that you are good at?	What is something that you believe in?	What is an area of skill or training that you possess?
What was an interesting experience you've had as a child?	What is something you've won?	What is one of your favorite hobbies?	What is something that you created or made?
Can you sing well, rap or play an instrument?	What is a book, movie or TV series you are a fan of?	What is an animal that creeps you out?	What is a song that you know all the words too?
What is something that you have a lot of?	What is something that most people have but you don't?	What is something you have collected?	What is a topic or story you can't seem to get enough of?
What group did you fit in the most with in High School?	What is something you had for a while but lost?	What is an unusual but innocent habit of yours?	What is something that consistently can make you laugh?
What is one skill or talent that you do not have but wish you did?	If you could have a free lifetime supply of one type food to eat which one?	If you could change one thing about the world today, what would it be?	What is one secret that you really want to know?